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Diagnosis in a New Era: What Clinicians Need to Know about DSM-5

Syllabus
9:00-10:15
Historical background
Goals of the DSM-5 task force
Purpose of the revisions
Controversy and critique of the DSM-5
Changes in the multiaxial system
Removal of NOS option
Impact of changes on supervisors and managers
Defining mental disorder
Severity scales
Diagnostic groupings

10:15-10:30  Break

10:30-12:00
Intellectual disability severity scale considerations
Autism spectrum changes and controversy
ADHD redefined
Revisions to schizophrenia and loss of subtypes
New ways to look at bipolar disorder

12:00-1:00 Lunch

1:00-2:30
Persistent depressive disorder
Elimination of the bereavement exclusion
New diagnosis: Disruptive Mood Dysregulation Disorder
Premenstrual Dysphoric Disorder: controversial new diagnosis
Suicide in the DSM-5
Significant adjustments in the anxiety disorders chapter
OCD as a stand-alone category, and new diagnoses in it
New trauma and stressor-related disorders category
New symptom cluster in PTSD

2:30-2:45 Break

2:45-4:00
New severity scales for eating disorders
Sexual dysfunctions and how to assess
Gender dysphoria and changes in gender assumptions
Limited prosocial emotions specifier and when to use it
Revised substance use disorder diagnostic model
Elimination of abuse and dependence descriptors
New withdrawal diagnoses
Reasons to move gambling to substance use disorder category
Personality disorders and an alternative diagnostic approach
Paraphilic disorders